



WOODBIDGE SEND SERVICE

Specialist Support for Inclusive Futures



TRAINING AND ENHANCED SUPPORT 2026-27

Welcome to the Woodbridge SEND Service Enhanced Support and Training Booklet

Based in Bolton, Woodbridge SEND Service supports the inclusion of children and young people with special educational needs and disabilities (SEND) in mainstream settings across the North West in over 150 settings. We are proud to be part of Woodbridge Trust, which includes Ladywood School, Firwood High School, and Woodbridge College.



Our team consists of experienced, specialist-qualified teachers and teaching assistants with demonstrated ability of supporting inclusive practice for children and young people aged 2 to 25 with a wide range of additional needs.

At the heart of our work we aim to help schools and settings build sustainable capacity, ensuring children and young people receive the very best support to thrive and fully benefit from their educational experiences. We work closely with a range of other professionals to deliver a holistic, transdisciplinary approach.

In addition to the core services and training detailed in this booklet, we also design and coordinate bespoke courses, interventions, and programmes tailored to the unique needs of individual settings. Our services include:

- Direct support and consultation
- Targeted interventions
- Specialist assessments
- Bespoke training
- Irlen North West Centre
- Woodbridge Therapy and Wellness Centre

Woodbridge SEND Service is committed to providing high quality specialist support, advice, interventions and training. Our traded service operates on a reinvestment model, with all income supporting, staffing, resources, and ongoing service development to sustain and enhance our provision.

All of our work is impact-driven. We carefully track outcomes and provide feedback to SENCOs and families to ensure meaningful progress for every child and young person.

We have been officially awarded the Trauma Informed Service Award by Trauma Informed Schools & Communities UK (TISCUK). We were the first service in the country to receive this prestigious recognition.

MEET THE TEAM



Vicky Barker
Head of Service



Deb Howarth
Assistant
Headteacher



Cas Allen
TLR



**Edel
Hargadon**
TLR



Rachel Berry
TLR



Kath Kay
Training and
Development
Coordinator



Lisa Brabin
Senior Clerical
Assistant

Specialist Teachers

Cassandra Allen, Gemma Beetham, Becca Bentham, Rachel Berry, Tre Burch, Edel Hargadon, Clare Hextall, Debra Howarth, Claire Jones, Rachael Lee, Kristina Marsh

Emotional Literacy Support Assistants (ELSAs) / Specialist Teaching Assistants

Rebecca Campbell, Kay Hibbert, Naseran Iqbal, Claire Jones, Tracey Liles, Nikita Parsons, Sian Prosser, Vera Shaw, Lucy Starr-Kay, Natalie Webb

HOW TO BOOK

To make a booking with Woodbridge SEND Service, you need to complete a booking form. The easiest way to do this is via our website, where you can complete the simple online form or download a PDF version, head to:

 www.woodbridgesend.co.uk

For any training enquiries please contact Kath Kay:

 01204 318101

 outreach@ladywood.bolton.sch.uk

CANCELLATIONS

A cancellation must be made by email at least 3 weeks prior to the event date otherwise the following charges will apply.

Cancellation Period Charge: If you cancel between 10 and 15 working school days of the course commencement date you will be charged 50% of the total price. If you cancel after this time you will be charged the full price of the course.

Woodbridge reserves the right to cancel any course/programme up to 7 days prior to the course/programme start date; any fees paid will be refunded in full.

The organisers reserve the right to make reasonable modifications to the programme without prior notice.

PHOTOGRAPHS

Photographs and videos taken by Woodbridge may be used for publicity and marketing purposes. If you do not want your photograph to be used, please inform us at the time of booking.

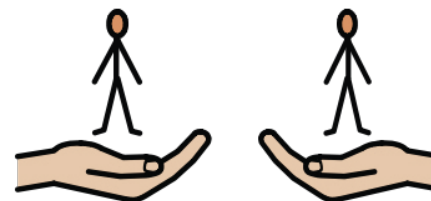


OUR SERVICE ENHANCED OFFER

Enhanced support allows schools and settings increased flexibility and control over Woodbridge SEND Service involvement. Sessions can be purchased to support the inclusion of children and young people with SEND in mainstream settings. The example below is an indication of how sessions could be used.

SESSIONS

- 1** A strengths and needs observation with verbal feedback, modelling or attendance at meetings.
- 2** A one-off observation and written feedback for referral to ND pathway.
- 3** Strategies to support in school, including observation, written report and review, as part of the assess-plan-do-review cycle.
- 4** A sensory observation, written information and two further visits to model or discuss individualised strategies for a child within the school environment.
- 5** A bespoke targeted intervention OR advice, support and review with a detailed report towards EHCP process.



Session costs are:
£125 for Bolton schools
£140 for schools outside Bolton LA or all other organisations

NEW FOR 2026-27

- **Updated pricing packages**
- **Option to commission on an April-April** (aligning with the financial year)

Standard fee when booking up to 9 sessions:
£125 per session.

Number of Sessions	Cost Per Session	Saving
10 to 20	£120	Up to £100
21 to 30	£115	Up to £300
31 to 40	£110	Up to £600
41 to 50	£105	Up to £1000
51+	£100	At least £1275



Book at www.woodbridgesend.co.uk



PLAN YOUR SEND CPD FOR THE YEAR AHEAD

High quality training for teachers, leaders and support staff

BOOK NOW

- Prepare your staff to **confidently support pupils with SEND**
- Strengthen your **Inclusion**
- Ideal for **staff meeting, twilight session** and **INSET days**
- **Book early to secure** your preferred dates

All training we deliver is bespoke and built around your setting's needs

Flexible Training Options

Schools teams up to 25 staff		
90 Minute Session	Half Day (3 Hours)	Full Day
£495	£695	£1200

Schools teams 26+ staff		
90 Minute Session	Half Day (3 Hours)	Full Day
£695	£895	£1500

**Multi-school, Out of Authority or Trust bookings will be priced separately.*

SEND CPD Package Offer:

3 x 90-minute sessions across the year

£1200, school team
up to 25 staff

£1700, school team
over 25 staff

HOW WE CAN SUPPORT

Our specialist team delivers comprehensive support tailored to every level of the school community, from senior leadership teams and SENCOs to teaching assistants, children, and young people. We are also pleased to extend our expertise to parents and families upon request.

At the core of our practice is a commitment to building capacity and staff confidence. Our specialist teaching assistants provide targeted strengths and needs observations, offering actionable verbal feedback and evidence-based strategies. Through dedicated modelling sessions, we empower your staff to confidently implement high-quality provision, ensuring every child and young person thrives.

Support can include:

- Specialist observations
- Consultation meetings
- Written information
- Assessments
- Learning walks
- Individualised training
- Inclusion Base reviews
- Supporting behaviour
- TA modelling
- Support with reviews
- Setting up inclusion bases / support bases
- Neurodivergence support
- Support with individualised curriculum planning
- Strengths and needs observations
- Diagnostics - Dyslexia, Dyscalculia, Visual stress using the Irlen technique
- SEND audits / SEND reviews
- Strategies, feedback and written advice
- Dyslexia Aware Quality Mark



ECT SEND PROGRAMME

Starts
October
2026

Six sessions over one academic year
Build your confidence. Deepen your understanding. Meet the needs of every child.

Designed exclusively for Early Career Teachers (ECTs), this SEND-focused CPD delivers, practical classroom-ready strategies for inclusive teaching. Across six half-termly sessions, you'll connect with fellow ECTs, build confidence in meeting diverse needs, strengthen collaboration and embed inclusive practice.



12.30 - 1.00 - Bring your lunch and connect with ECTs from across the borough

1.00 - 3.30 - Training session

£750
total
cost

Session 1	Friday 16 th October	Understanding Inclusion & the SEND Landscape
Session 2	Friday 11 th December	Adaptive and Responsive Teaching
Session 3	Friday 5 th February	Early Identification of Need
Session 4	Friday 12 th March	Neurodiversity in Schools
Session 5	Friday 7 th May	Scaffolding & Modelling
Session 6	Friday 2 nd July	Supporting Emotional Wellbeing



Book: www.woodbridgesend.co.uk



Woodbridge SEND Service & Training Hub
Waggon Road, Brightmet, Bolton BL2 5AB

SEND COFFEE MORNINGS/AFTERNOONS

2 Sessions



Would you like to develop your links with parents and carers?

Would you like to create a support network that provides opportunities to develop a deeper understanding of SEND as well as giving parents and carers a safe space to ask questions, hear information or to just feel part of a community?

Woodbridge SEND Service will support SENCOs in offering coffee mornings/afternoons for parents/carers in the school setting. These sessions can be bespoke to the needs of your children, parents or current issues. The sessions will be planned for and delivered by

Woodbridge staff, including any relevant resources, information etc. We just ask that you supply a space and facilities.

INTERVENTIONS DELIVERED BY ELSAS (Emotional Literacy Support Assistants)

5 Sessions

Our specialist ELSA trained staff can support the emotional development of children. Our trained staff can work individually or with a small group of children to support them with a range of skills. They can deliver individualised programmes and tailored support sessions based on need including:

- Emotional support - offering a safe reflective space for children to explore their feelings and circumstances;
- Skill Development - helping to support and develop self-esteem, friendships, anger management, and social problem solving;
- Collaboration - staff can work closely with teachers, Heads of Year and SENCOs to identify the children who will benefit from support.



DYSLEXIA AWARE QUALITY MARK

Supporting inclusive practice for all learners

Dyslexia-aware practice strengthens learning for every pupil. By reducing barriers and embedding accessible, inclusive teaching, schools improve engagement, consistency, and progress across the whole cohort.

The **Dyslexia Aware Quality Mark (DAQM)** provides a structured, collaborative framework that helps schools develop high-quality, inclusive teaching and learning.

What the DAQM helps schools achieve

Schools working towards the DAQM strengthen their ability to:

- **Create inclusive learning environments** — accessible, supportive, and barrier-free
- **Develop staff expertise** in dyslexia-aware practice across the whole school
- **Embed consistent teaching approaches** that support all learners
- **Strengthen SEND provision** through inclusive, graduated practice

What's included

Schools registering for the DAQM receive:

- 18 months of structured guidance
- Regular working-party meetings and in-school support
- Dedicated whole-school training time
- Opportunities to collaborate with other DAQM schools

Validation Cost: £1,750

Revalidation process

The DAQM is awarded for a three-year period, after which schools are invited to take part in a revalidation process to celebrate progress and reflect on continued development.

Revalidation Cost: £750

Why take part?

Schools report:

- Greater confidence and consistency in classroom practice
- A shared understanding of dyslexia-friendly strategies
- Improved accessibility for all pupils
- Stronger whole-school ownership of inclusive practice



dyslexia aware school

INTERVENTION & MODELLING

As part of our offer, schools can choose blocks of short term intervention to support any learner that is in need. Usually interventions are delivered over a half term period with set objectives. The interventions are targeted and always provide the "Next steps for learning" within a comprehensive written report.

All Interventions will take place in your settings at a convenient time negotiated with your Woodbridge SEND staff member. We encourage staff from schools and settings to observe the intervention so that we are able to build capacity and have lasting impact.

We also provide interventions for children and young people who are educated at home or who are emotionally based school non-attenders. These can be delivered over a longer period of time based on individual need at Waggon Road.

The total cost of the intervention includes planning, the intervention itself and the detailed report including strategies.

Interventions and support can be included in your individual provision mapping and costings.

See our website for some of our most popular interventions offered by Woodbridge SEND Service, listed under three areas of need:

- **Cognition and Learning**
- **Communication and Interaction**
- **Social Emotional Learning**

INTERVENTIONS

REMEMBER In addition to the great impact our interventions have on your pupils a member of staff from school can observe sessions, providing excellent additional CPD.

WORKING MEMORY

Working memory is the ability to temporarily hold and manipulate information in your mind while performing a task. It plays a key role in learning, following instructions, problem solving and concentrating on tasks.

This intervention targets working memory by using structured activities, such as chunking information, visual aids, and rehearsal techniques. Sessions involve games and tasks designed to strengthen memory recall, improve attention, and develop strategies for managing cognitive load, to support better learning outcomes in the classroom.

BARRIER GAMES

Barrier games support a range of ages to enhance vocabulary knowledge focusing on receptive and expressive language skills (SLCN / DLD). A fun way to include learning vocabulary, managing turn taking, waiting and recognising if spoken instructions have been understood.

All barrier games interventions are individualised for the needs of the children and can be used to support memory, speaking, listening, turn taking, using extended talk and vocabulary skills.



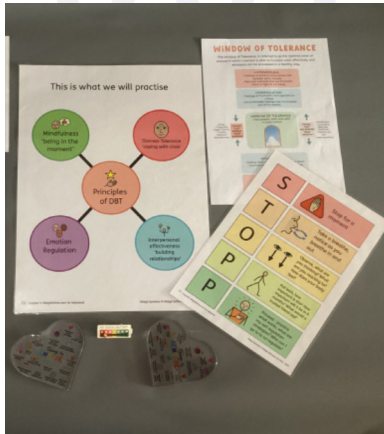
UNDERSTANDING MY NEURODIVERGENCE

Understanding my neurodivergence is a supportive and empowering intervention designed for children and young people with a neurodivergent profile. Through structured sessions children and young people explore how their brains work, develop self-awareness, and learn to celebrate their strengths.



The intervention encourages positive identity building, helps them understand their unique needs, and introduces practical strategies to support emotional regulation, communication, and learning. By fostering confidence and self-advocacy this intervention promotes positive mental health and well-being both in and out of the classroom.

PRINCIPLES OF DIALECTICAL BEHAVIOUR THERAPY (DBT)



DBT is often more effective than CBT for young people with a neurodivergent profile as it focuses on emotional regulation and social skills, which can be key challenges for them.

Principles of DBT is a 10 week intervention designed to support young people who find it difficult to manage emotions and behaviour. This intervention teaches practical skills such as emotional regulation, staying calm under pressure, handling conflict, and building healthy relationships.

Sessions are engaging, structured, and tailored to the individual. They are delivered by trained staff as part of our trauma-informed approach, ensuring a safe, supportive environment for every young person. This intervention is ideal for those who would benefit from additional emotional and behavioural support either alongside or in preparation for formal DBT.

INTEROCEPTION - NOTICING BODY SIGNALS

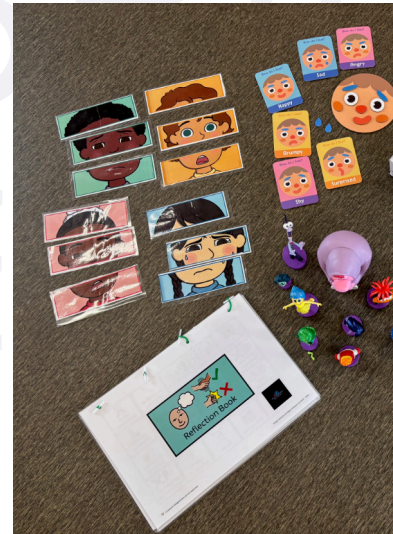


This evidence-based intervention helps children and young people to develop an awareness of their body signals. Interoception is often described as the 'emotional highway' between the body and the brain, playing a key role in recognising feelings, understanding physical sensations and regulating emotions.

Noticing body signals is the first step in understanding and learning to regulate how we feel. This intervention invites children to take an important step towards understanding themselves more by exploring their unique body signals through a lens of curiosity and validation.

 Cold	 Hot	 Tight	 Loose
 Fast	 Slow	 Sweaty	 Pacing
 Jumping	 Clean	 Dirty	 Sore
 Want to kick	 Want to run away		

EASE MY MIND



Ease My Mind is a supportive, structured intervention designed for young people who struggle to manage their emotions and worries. This intervention helps pupils to start to recognise and understand what worries are, identify their triggers that may lead to feelings of anxiety and develop an awareness of how these emotions show up.

Through guided activities and practical strategies pupils learn effective ways to try and calm their thoughts and strategies to begin to understand and regulate their emotions and ease their mind.

OUR TRAINING OFFER

We offer continuous professional development (CPD) that is creative, collaborative and research based, focused on making a long lasting impact. All our work is quality assured and as well as offering training courses that you can book onto, we can also arrange for bespoke in-house training at your setting.

Contact us for the nearest available dates at:



AUTISM - AN INTRODUCTION

An introduction to autism and an outline of how it may impact on children you work with. You will have the opportunity to explore a wide range of strategies and resources to support pupils with autism in the classroom.

Training duration: 1.5 hrs **Cost:** £70 per delegate
Date: 19th January 2027, 15:45-17:15

NEURODIVERGENCE - A DEEPER PERSPECTIVE

This full day course provides an in-depth exploration of autism and ADHD, with a focus on supporting children and young people in educational settings. The training delves into key areas such as executive functioning, central coherence, and theory of mind, helping educators understand how these cognitive differences impact learning and behaviour. A part of the training focuses on recognising and the presentation and support of neurodivergent girls.

Training duration: 6 hrs **Cost:** £250 per delegate
Date: 30th April 2027, 09:00-15:00

AUTISM WITH DEMAND AVOIDANCE (PDA)

This course will support and develop your knowledge of autism with demand avoidant profile / pathological demand avoidance (PDA). Deepen your understanding and knowledge of effective strategies as we focus on the characteristics of the unique profile of demand avoidant pupils. Learn some practical strategies to aid communication, manage ineffective behaviour and develop an understanding of a supportive and inclusive learning environment for children with this profile. Learn how to adapt your approaches to have a positive impact on children and young people.

Training duration: 3 hrs
Cost: £125 per delegate
Date Course 1: 19th & 26th November 2026, both 15:45-17:15
Date Course 2: 22nd April 2027 09.00 - 12.00



SUPPORTING NEURODIVERGENCE IN SCHOOL

This course will enable staff to recognise diverse needs and identify strategies to support neurodivergent children and young people, including those with autism, ADHD, mental health needs and more. Learn about flexible learning environments, and implement effective, evidence-based approaches that foster engagement, achievement, and well-being for all learners.

Training duration: 3 hrs **Cost:** £125 per delegate
Date: 4th March 2027, 13.00 - 16.00

LEGO THERAPY®

Lego Therapy® is an intervention to support the development of communication, interaction and language skills. In Lego Therapy® pupils work in teams to build Lego models, developing their language skills as they do. In this practical session you will learn how to prepare or, facilitate and assess Lego Therapy sessions.

Training duration: 1.5 hrs **Cost:** £70 per delegate
Date: 21st January 2027, 15:45-17:15

TRAUMA INFORMED PRACTICE: SUPPORTING CHILDREN AND YOUNG PEOPLE THROUGH CONNECTION AND UNDERSTANDING

This training session equips staff with essential knowledge and strategies to support children and young people who have experienced difficult life events. Grounded in key frameworks such as The Polyvagal Theory and The PACE Approach (Playfulness, Acceptance, Curiosity and Empathy), this session explores how these approaches help build safety, trust, and emotional regulation in the classroom.

Delegates will gain a deeper understanding of how trauma affects behaviour and learning, and how a trauma-informed approach can create a more inclusive, supportive, and an emotionally safe environment.

Training duration: 3 hrs **Cost:** £125 per delegate
Date: 11th & 18th March 2027, 15.45 - 17.15



Every Child Achieving and Thriving - the 2026 White paper recognises oracy as a foundation skill alongside reading, writing and numeracy.

Two interventions to support speaking and listening skills are the talking partners programmes.

tp@primary is suitable for EY through to KS2
tp@secondary is suitable for KS2 through to KS3

SENSE - SUPPORTING ENVIRONMENTS FOR NURTURING ENGAGEMENT & SAFETY

SENSE is a practical training course designed to help staff in schools better understand and support children and young people with sensory processing differences.

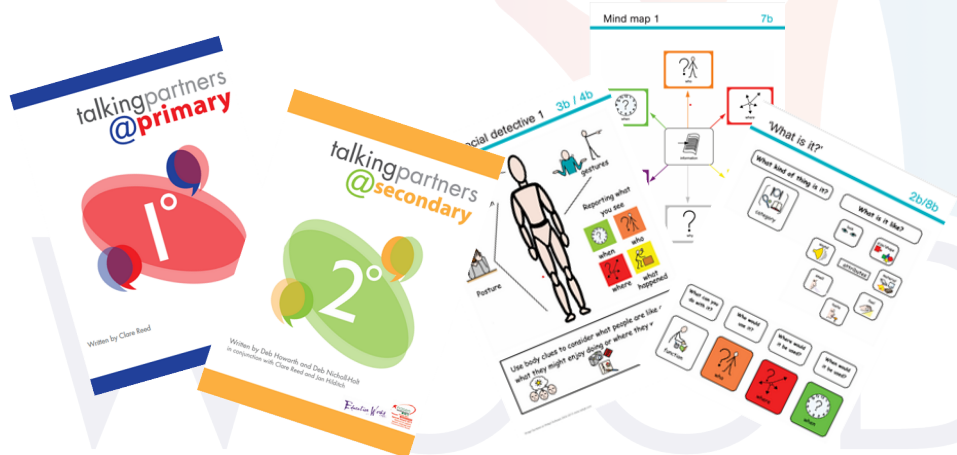
This course covers how sensory needs impact behaviour and learning, how to spot signs of sensory overload and how to adapt classrooms to reduce stress and promote regulation.

Packed with practical strategies, this training helps create inclusive environments where all learners feel safe, calm and ready to engage.

Training duration: 3 hrs (Split into 2x 1.5hr Sessions) **Cost:** £125 per delegate

Date: 6th May & 13th May 2027, 15:45-17:15

TP@1 & TP@2 INTERVENTION PROGRAMMES



RECOGNISES THE IMPORTANCE OF ORACY

tp@1 and **tp@2** are evidence based programmes and address specific aspects of language and social communication skills with a proven positive impact on language, learning, written language and behaviour.

Attendees will gain the knowledge and skills to deliver the programme or to implement aspects of it in the classroom to support the development of spoken language. All delegates will receive the planning / assessment booklets, and a range of quality visual frameworks to deliver these programmes back in school.

Training duration: Two full day sessions
Cost: £320 per delegate (lunch included)
Date: 18th & 25th June 2027, 09.00-15.00

EMBEDDING LEARNING RETENTION AND RETRIEVAL PRACTICE



Knowledge does not sit as isolated 'information' in pupils' minds it is connected and intertwined. Progress means knowing more and remembering more. Knowledge is generative, i.e. the more you know, the more easily you can learn using rehearsal and repetition.

In the training we look at how knowledge is connected in webs or schemata and how the curriculum design and opportunities in class can affect this. We discover how working memory, metacognition and vocabulary size relates to academic success, and how the opportunities we provide in school are crucial to help embed learning.

Training duration: 3 hrs **Cost:** £125 per delegate

Date: 26th February 2027, 9:00-12:00

EARLY COMMUNICATION APPROACH

Unlock the foundations of effective early communication, explore the skills required for early communication development and understand the impact positive strategies have on the child's skills. Gain practical, evidence-based approaches including intensive interaction, total communication, visual supports, colourful semantics, and more.

Training duration: 3 hrs **Cost:** £125 per delegate

Date: 5th March 2027, 9:00-12:00

SLCN WITH AN EMPHASIS ON DLD

Language difficulties affect approximately two children in every classroom impacting on literacy, learning, friendship and emotional well-being.

In this training you will become more familiar with the breadth of language difficulties and how it affects children. It will provide you with a range of strategies and resources to support children and to enable them to become successful learners and more confident in social situations.

Training duration: 3 hrs **Cost:** £125 per delegate

Date: 21st April 2027, 9:00-12:00

SPECIFIC LEARNING DIFFICULTIES

This is a practical, solution focused training session designed to help educators better understand and support children and young people with SpLD, such as Dyslexia, Dyspraxia and Dyscalculia.

This training will provide staff with effective strategies to adapt lessons, create an inclusive classroom, and support children and young people's unique learning needs. Delegates will gain a deeper understanding of how SpLDs affect learning and behaviour, along with practical tools to boost confidence and academic success.

Training duration: 1.5 hrs **Cost:** £70 per delegate

Date: 15th April 2027, 15:45-17:15

FOETAL ALCOHOL SPECTRUM DISORDER

It is estimated that Foetal Alcohol Spectrum Disorder (FASD) may affect up to 3% of children in schools, and up to 27% of children in care, yet many teachers know little about the effects of prenatal exposure to alcohol on pupils' education and life chances, or how to support them to make academic and social progress.

This training aims to increase awareness of the challenges pupils with FASD face and to provide educators and support staff with strategies that can be used to support their needs.

Training duration: 1.5 hrs **Cost:** £70 per delegate

Date: 2nd March 2027, 15:45-17:15

IMPLEMENTING THE ENGAGEMENT MODEL A PRACTITIONER'S TOOLKIT

Are you committed to enabling all children to effectively access their learning? Are you 'adaptive and responsive' to the children's abilities to engage? Have you got an engagement tool kit to support all children to access their learning?

This training will provide a range of strategies to assess children's engagement and identify a programme to best suit the needs of an individual child. We will look at a range of strategies taken from a variety of different programmes to build an engagement toolkit for your school.

Training duration: 3 hrs **Cost:** £125 per delegate

Date: 15th January 2027, 9:00 -12:00

EMOTIONALLY-BASED SCHOOL NON-ATTENDANCE (EBSNA)

This training is focused on supporting school staff to understand Emotionally Based School Non-Attendance through a needs led, trauma-informed lens.

Delegates will explore the stress response, early warning signs and supportive school-based approaches will be shared, which prioritise emotional safety, belonging and gradual re-engagement.

Training duration: 1.5 hrs **Cost:** £70 per delegate

Date: 20th May 2027, 15.45 - 17.15

TEAM TEACH



POSITIVE BEHAVIOUR MANAGEMENT

LEVEL ONE (6-hour course)

This 6-hour course (one day or two twilights) equips individuals to promote a Team Teach ethos within your setting, by safeguarding pupils and fostering meaningful, positive relationships. Team Teach approach emphasises on positive behaviour support and the development of effective communication strategies to better understand and respond to behaviour.

What this course will cover:

- Core Theory: Values, Legal Framework, Stages of Crisis, Scenarios, Trauma Informed approaches etc. (minimum 4.5 hours)
- Physical elements: some elements of Personal Safety, Prompts and Guides, Small Child module (maximum 1.5 hours)

Level One re-accreditation is a three hour course and must be completed every year to maintain certification.

£2050.00 up to 24 delegates or £195 per person

LEVEL TWO (12-hour course)

Level two courses are intended for settings where the risks are likely to be higher. The course includes all elements of Level One. Physical intervention is included in line with the needs of the setting.

Level Two Course re-accreditation is a six hour course and must be completed every year to maintain certification.

£3750.00 up to 24 delegates or £390 per person

IRLEN SCREENER TRAINING



Irlen Centre North West are able to offer a two day Irlen Screener training course for educators and other professionals. Certified Irlen Screeners are able to administer the initial Irlen assessment to determine overlay colour, paper colour and other initial accommodations. This course will equip you with the skills and confidence to accurately screen individuals in an efficient and timely manner.



2 full day sessions

Cost: £420 per delegate

Date: 17th and 18th November, 2026, 9.30 - 15.30

For more information, or to book a course please contact us.

EXECUTIVE FUNCTIONING

This training session will help staff understand executive functioning and how differences in these skills impact on neurodivergent learners in the classroom. The course explores key areas such as working memory, flexible thinking, emotional regulation and organisation, linking these to everyday classroom experiences and behaviours.

Delegates will gain a shared language and leave with practical evidence-informed strategies including scaffolding, environmental adjustments, and ways to support independence without increasing cognitive load so you feel more confident supporting learners both academically and emotionally.

Training duration: 1.5 hrs **Cost:** £70 per delegate

Date: 28th January 2027, 15.45 - 17.15

EMOTIONAL FREEDOM TECHNIQUE (EFT)

Rewire, Recharge and Reconnect. This is a transformative session designed specifically for the modern educator. In an era of increasing classroom demands. Carol provides teachers and educational professionals with practical evidence-based tools to safeguard their mental health while enhancing their professional efficacy.

Through the evidence-based practice of EFT (Tapping) shown to reduce cortisol in real time, Carol will guide you in mastering emotional regulation and rewiring the stress response. This training is specifically tailored to help you; regulate your nervous system; prevent burnout; model emotional resilience; bridge the gap between reactive stress and calm. Carol is an EFT Trainer and Advanced Practitioner.

Training duration: 1.5 hrs **Cost:** £70 per delegate

Date: 15th October 2026, 15.45 - 17.15

NEUROLINGUISTIC PROGRAMMING DIPLOMA

On this fully accredited NLP (INLPTA) Diploma Training, you'll learn and apply a variety of powerfully effective NLP principles, techniques and skills.

You'll learn how to:

- Facilitate and handle change more easily.
- Communicate more confidently and effectively.
- Handle difficult conversations with ease.
- Develop a powerful ability to influence.
- Build self-awareness and a deeper understanding of others.
- Enhance your language skills for getting your message across.
- Build rapport quickly, easily and consistently.
- Resolve conflicts smoothly.
- Relax and take the stress out of challenging events.
- Feel more confident.
- Think more clearly and set powerfully effective goals.

4 x full day sessions (9.30am – 5.30pm)

Cost: £695 per delegate

Dates: 24th November, 15th December 2026, 19th January, 9th February 2027

Trainer: Dr Henrie Lidiard

mBIT PROFESSIONAL COACHING CERTIFICATION TRAINING

mBIT is an emerging field of coaching based on the modern neuroscientific understanding of the 3 centres of intelligence (the head, heart and gut). It is an approach to developing embodied intelligence that is both powerful and profound. mBIT stands for 'multiple brain integration techniques', and the tools you'll discover over the 4 days will make your leadership and coaching truly transformative. You'll take away essential skills for yourself and others that simply cannot be replicated by AI.

Over the 4 days you'll learn to:

- Lead wholeheartedly.
- Use embodied wisdom in a complex world of accelerating change.
- Reduce stress, and feel calmer, clearer and more resilient.
- Tap into the innate multiple intelligences of head, heart and gut.
- Deepen your self-awareness.
- Align your head, heart and gut to increase the speed and power of your decision-making.
- Develop greater creativity and compassion.
- Deepen your sense of intuition, purpose and fulfilment.
- Take courageous action on goals that really matter to you and the world.
- Facilitate emergent wisdom in your own thinking and in those you lead and support.

4 x full day sessions (9.30am – 6.00 pm)

Cost: £895 per delegate (RRP £1,300)

Dates: 9th March, 23rd March, 13th April, and 20th April, 2027.

Trainer: Dr Henrie Lidiard

THE ENNEAGRAM AND LEADERSHIP

Conscious Leadership in School and Team Development

The Enneagram is a powerful and transformational model for understanding the patterns of personality and how they tend to interact. As such it is an invaluable tool for anyone in a leadership position or a team. This training will equip leaders with a deeper sense of self-awareness, presence and purpose. We'll explore how the Enneagram holds powerful insights for us as individuals, as leaders, and for our relationships with colleagues, teams and the organisational systems we are part of.

You'll learn:

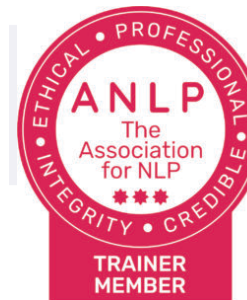
- How to cultivate the optimum 'inner condition' for leading effectively.
- Why self-awareness and self-regulation are vital skills for leadership and collaboration.
- The 9 archetypal styles of personality and how they show up in the workplace and relate to leadership.
- The healthy expressions of personality and the pitfalls for each type.
- The health (or otherwise) of organisational cultures.
- The patterns that lie at the root of most misunderstanding and conflict at work.
- How to prevent and resolve tensions and conflicts.
- A whole system approach for your team or school.
- How you can use the Enneagram to help with problem-solving.

Four Full Days (9.30 am – 5.30pm)

Cost: £695 per delegate

Dates: 25th May, 8th June, 22nd June and 6th July 2027

Trainer: Dr Henrie Lidiard



WORKING MEMORY (PRIMARY & SECONDARY)

This practical and interactive session will provide strategies and resources that can be utilised to develop working memory. This training will give you an understanding of how pupils connect new knowledge with existing knowledge and to identify approaches that can be implemented in the classroom in order to support the learner.

Training duration: 1.5 hrs **Cost:** £70 per delegate

Date: 29th April 2027, 15:45-17:15

ADAPTIVE & RESPONSIVE TEACHING

This introductory session explores the principles of adaptive teaching and how it differs from traditional approaches to differentiation. Participants will consider practical strategies that can be applied across core subjects, with a focus on supporting all learners. The sessions aims to develop understanding and provide a starting point for adapting teaching to better meet the needs of all pupils.

Training duration: 1.5 hrs **Cost:** £70 per delegate

Date: 10th June 2027, 15:45-17:15



Proudly a part of Woodbridge Trust

Struggling with reading, light sensitivity or fatigue? It could be visual stress (Irlen Syndrome)

Our friendly and highly experienced Irlen Diagnostician specialises in assessing and supporting individuals of all ages, adults and children affected by visual stress.

About Us

Irlen North West, based in Bolton, operates through Woodbridge SEND Service, a proud member of Woodbridge Trust.

Get in touch today!

WHAT CAN WE OFFER?

-  **Irlen Screening Assessments** - Identify signs of visual stress
-  **Irlen Diagnostic Assessments** - Precision testing using spectral filters
-  **Irlen Products & Overlays** - Tailored solutions to ease visual stress
-  **Irlen Screener Training** - Empowering professionals to support others



THERAPEUTIC OFFER



WOODBIDGE THERAPEUTIC AND WELLNESS SUPPORT. EMPOWERING YOUNG MINDS AND SUPPORTING FAMILIES.

Discover a pathway to emotional well-being through Woodbridge Therapeutic and Wellness support.

We are proud to offer a powerful blend of evidence-based therapies tailored for children, young people and their families.

We offer **Therapeutic Play, Drawing and Talking, Therapeutic Sand, Therapeutic Stories and Principles of Dialectical Behaviour Therapy (DBT), Cognitive Behaviour Therapy (CBT) and Therapeutic Group Work.** These sessions can be delivered at Waggon Road or in your school or setting.

These proven approaches help children and young people navigate emotional challenges, build resilience and foster healthier relationships, all in a safe, supportive environment.

Contact Woodbridge SEND Service for more information on:



01204 318101

**Join us in creating a positive change.
One session at a time.**

THERAPEUTIC GROUPS

WHAT IS THERAPEUTIC GROUP WORK?



Therapeutic group work offers young people a safe, structured space to explore emotions, relationships and resilience together.

Groups bring healing through connection, co-regulation, belonging and shared understanding.

When a young person realises, "I'm not the only one," transformation begins.

Groups are facilitated to unlock the power of therapy with this dynamic, practice-based support designed to equip young people age 9+ with skills and confidence. Our fully trained facilitator can guide the group to explore emotion-focused therapy, art therapy interventions, and psycho-education to help young people name, express and process painful life experiences.

This intervention is designed for a minimum of 4 attendees, maximum of 6 with a shared life experience.

Cost: £125 x 6 sessions total £750

PARENT WORKSHOPS

AUTISM SPECTRUM

This workshop will focus on supporting parents and families to better understand autism and develop an understanding of practical strategies for communication, managing ineffective behaviours and daily routines. Parents and families will have the opportunity to meet others and share their thoughts and experiences.

Workshop duration: 1 hr **Cost:** £15 per family maximum 2 to attend

Date: 23rd October 2026, 9.30-10.30

DEVELOPING PLAY SKILLS

Discover how to further support and strengthen your child's play to boost learning, social skills, and imagination. This workshop offers simple, engaging strategies to make play more meaningful and developmentally enriching.

Workshop duration: 1 hr **Cost:** £15 per family, maximum 2 to attend

Date: 20th November 2026, 9.30-10.30

UNDERSTANDING AND DEVELOPING YOUR CHILD'S EARLY LANGUAGE SKILLS



Language difficulties affect approximately two children in every classroom impacting on literacy, learning, friendship and emotional well-being. During this workshop parents and families will have the opportunity to learn how language develops so they can have easy-to-use strategies for building their child's communication, expanding vocabulary and foster meaningful interactions within the home.

Workshop duration: 1 hr **Cost:** £15 per family maximum 2 to attend

Date: 22nd January 2027, 9.30-10.30

SUPPORTING FAMILIES OF EMOTIONALLY-BASED SCHOOL NON-ATTENDERS (EBSNA)

Children and young people who are struggling to attend school / education full time due to emotional needs is increasing.

This workshop focuses on helping parents understand the emotional causes behind difficulties attending school / education and they will learn practical strategies to support their child's return to learning. Parents and families will get an insight into some strategies and some support in navigating this challenging experience with increased confidence

Workshop duration: 1 hr **Cost:** £15 per family maximum 2 to attend

Date: 19th March 2027, 9.30-10.30

SUPPORTING YOUR CHILD'S SELF-REGULATION

Learn about effective practical strategies to help your child manage their emotions, reduce ineffective behaviour and develop some self-regulation skills. This workshop focuses on developing a calmer supportive home environment.

Workshop duration: 1 hr **Cost:** £15 per family maximum 2 to attend

Date: 7th May 2027, 9.30-10.30pp

EMOTIONAL FREEDOM TAPPING (EFT)

Elevate your parenting toolkit with Carol Ann Weston, an Advanced EFT Practitioner, who teaches parents how to use evidence-based Tapping(EFT) themselves to regulate stress, model emotional resilience and create a calmer more connected home environment.

Workshop duration: 1 hr **Cost:** £15 each

Date: 16th October 2027, 9.30-10.30

TESTIMONIALS FROM OTHER TRUSTS



NORTHERN EDUCATION TRUST

Northern Education Trust took steps to **strengthen the educational offer for our SEND students**. The key focus was to enhance the skills and confidence of our teachers and teaching assistants to support all SEND learners.

"Woodbridge SEND Service were able to provide **a package of support covering all aspects of SEND**."

"This offer fit perfectly with our current teaching and learning focus and provided staff with a deeper insight."

"The session on trauma informed practice deepened staff knowledge of how trauma impacts behaviour, learning, regulation and relationships."



BISHOP FRASER TRUST

"The SEN support our school receives from Woodbridge (SEND Service) has a **significant and positive impact** on our pupils...enabling pupils with SEN to make **meaningful progress** both academically and emotionally."

"Sessions are carefully tailored to individual need and combine practical strategies with encouragement, which has supported **improvements in confidence, engagement and independence**."

"The sessions have provided a **good balance of theory and practical advice** and have been particularly impactful back in the classroom."

"The flexibility, mentoring and expertise that Woodbridge (SEND Service) provides, means the staff can respond quickly to emerging needs."



EMMAUS CATHOLIC ACADEMY TRUST

"The central team have received **overwhelmingly positive feedback** about the Woodbridge SEND Service sessions. I would highly recommend Woodbridge to other schools and trusts; we will continue to make use of their **invaluable SEND knowledge**."

"The trainers were very knowledgeable in their areas of expertise and were very engaging. They **understood and valued the roles of support staff** and the challenges we face."

"Deepened my awareness of how working memory difficulties can significantly impact a child's ability to follow instructions and reinforced the **need to support staff in adapting their teaching approaches**."

"How some **simple adjustments to my practice could have a significant impact** for the better for all children, without singling children out."

"The training provided is always **pitched perfectly for the audience** and leaves staff with practical strategies that they can get excited about using back in school."

"Our trainees have benefitted from expert SEND training and it has made them more confident."



ASHTON ON MERSEY SCITT

"Our trainees have benefitted from expert SEND training and it has made them more confident."

"The facilitators are passionate and really knowledgeable which gets passed to our trainees."



WOODBIDGE
SEND SERVICE



woodbridgesend.co.uk



Woodbridge SEND Service & Training Hub
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